

PG-AS-1147

**MSYS-11/
MCPS-11/
MSYS-11C**

**P.G. DEGREE EXAMINATION –
JULY, 2024.**

Psychology / Counselling and Psychotherapy

First Semester

ADVANCED GENERAL PSYCHOLOGY

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight
questions in 300 words**

All questions carry equal marks

- 1. Describe the main principle of Behaviorist school of psychology.**
- 2. Describe the principles of “Programmed learning” and discuss its advantages and limitations in educational settings.**
- 3. Evaluate the use of projective tests like the Rorschach Inkblot Test and the Thematic Apperception Test (TAT) in assessing personality.**

4. Discuss the role of context in memory retrieval. How can context-dependent memory be applied in real-life situations?
5. Define creativity and discuss the importance of creative thinking in problem-solving and innovation.
6. What is “ Transfer of Learning”? How it can be facilitated or hindered in different educational or training scenarios?
7. Critically evaluate the current status of motivational concepts in psychology. Identify and assess the key strengths and limitations of existing motivational theories and frameworks.
8. List and briefly explain three strategies to enhance memory retention. How can the method of loci be employed to improve memory?

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five
questions in 1000 words

All questions carry equal marks

9. Explain the role of scientific methods in psychology and how they contribute to the development of psychological knowledge.

10. Compare and contrast “Classical conditioning” and “Operant conditioning” in terms of their principles, processes and applications.
 11. Examine the concept of achievement motivation and its impact on individual behavior and performance.
 12. Explain the concept of deductive reasoning and provide an example. Contrast this with inductive reasoning and their respective strengths and weaknesses.
 13. Compare and contrast the psychodynamic, humanistic, and trait theories of personality. How do these theories differ in their approach to understanding personality?
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MSYS-12/

MCPS-12/

MSYS-12C

P.G. DEGREE EXAMINATION — JULY 2024

Psychology/Counselling and Psychotherapy

First Semester

ADVANCED SOCIAL PSYCHOLOGY

Time : 3 hours

Maximum marks : 70

PART A — ($5 \times 5 = 25$ marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Explain the role of applied social psychologists.
2. Explain theories of attribution.
3. Write a short a note on sociometry.
4. Discuss the concepts relating to aspects of Social Cognition.
5. Explain on community health.

6. What is the main focus of applied social psychology?
7. Write short note on factors determining attraction.
8. Explain attitude formation.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Write about any two research methods of social psychology.
10. Briefly describe on asch's studies of group pressure.
11. Write a detailed note on three major types leadership.
12. Examine the impact of actual or implied social influences of communication persuasion on human thoughts, feelings and behaviour.
13. Applying social psychology in
 - (a) Legal system
 - (b) Work settings.

PG-AS-1149

**MSYS-13/
MCPS-13/
MSYS-13C**

**P.G. DEGREE EXAMINATION –
JULY, 2024.**

Psychology/Counselling and Psychotherapy

First Semester

LIFE SPAN PSYCHOLOGY

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight
questions in 300 words**

All questions carry equal marks

1. Explain the characteristics of neonatal period.
2. Explain the various developmental disorders of speech and language.
3. Social learning approaches to gender identity in preschool years.
4. Detail note on intimate relationship on adulthood.

5. Explain the psychomotor functioning.
6. Explain the principles of development.
7. Discuss the development of language in early childhood.
8. Discuss the health issues in old age.

PART B — ($3 \times 15 = 45$ marks)

Answer any **THREE** questions out of Five
questions in 1000 words

All questions carry equal marks

9. Write the brief note on prenatal period and neonatal period.
10. Elucidate the difference between the motor skills and motor functions.
11. Write role of parents and siblings in social development.
12. Write a detailed note on personality and social issues in adulthood.
13. Explain the physical changes and death bereavement in old age.

PG-AS-1150

MSYS-14/

MCPS-14/

MSYS-14C

P.G. DEGREE EXAMINATION — JULY 2024

Psychology/Counselling and Psychotherapy

First Semester

RESEARCH METHODS AND STATISTICS

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Write a detail note on ethical issues of animal.
2. Write the difference between probability and non-probability
3. Explain in detail on correlation research.
4. Explain the types of distributions.
5. Write a short note the analysis of data using SPSS.

6. Describe the Basic concepts related to hypothesis testing.
7. Discuss the general principles of research.
8. Write a note on MA primer and reference format.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Give a detailed note on research approaches and steps involved in research.
10. Explain the types of hypothesis and basic concepts of hypothesis testing.
11. Write a brief note on longitudinal and cross-sectional research.
12. Explain any three non-parametric statistics.
13. Write brief notes on typing guidelines and research reports of presenting research.

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**MSYS-15/
MCPS-15/
MSYS-15C**

**P.G. DEGREE EXAMINATION —
JULY 2024**

Psychology/Counselling and Psychotherapy

First Semester

THEORIES OF PERSONALITY

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight questions
in 300 words.**

All questions carry equal marks.

1. Discuss how the internet and social networking have influenced and shaped the concept of personality in the digital age.
2. Explain how Harry Stack Sullivan's interpersonal theory can be applied to improve the work environment and interpersonal relationships among employees.
3. Describe the practical application of Victor Frankl's logotherapy in a counseling or clinical setting.

4. Explain the concept of “Need for Achievement” as proposed by McClelland.
5. Describe the characteristics of sensation seekers as proposed by Marvin Zuckerman. How might these characteristics influence an individual’s choice of occupation or leisure activities?
6. Provide a hypothetical scenario in which Gordon Allport’s concept of “Functional Autonomy” can be applied in a practical setting.
7. In a workplace scenario, explain how the concept of “Life Scripts” from Eric Berne’s Transactional Analysis can be applied to improve communication and teamwork among employees.
8. Explain the concept of “Learned Helplessness” as described by Martin Seligman and its impact on the emotional health of elderly individuals.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions
in 1000 words.

All questions carry equal marks.

9. Trace the history of personality assessment from its early beginnings to contemporary practices, considering the role of advancements in technology and changes in society.

10. Assess the current status of Henry Murray's personology in the field of psychology.
 11. In the context of Victor Frankl's existential philosophy, delve into a philosophical discussion about the concept of "Death and Non-Being."
 12. Develop a comprehensive therapeutic approach that integrates George Kelley's Personal Construct Theory and Eric Berne's Transactional Analysis.
 13. Compare and contrast the theories of Kurt Lewin (Field Theory) and Julian Rotter (Locus of Control).
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**MCPS-21/
MSYS-21**

P.G. DEGREE EXAMINATION – JULY, 2024.

Counselling and Psychotherapy

Second Semester

PSYCHOPATHOLOGY AND MENTAL HEALTH

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Write note on disorders in infancy.
2. Briefly explain symptoms of eating and sleep.
3. Explain about various types of assessment.
4. Write short notes on mood disorder.
5. Explain about importance of mental health.

6. Write in short on characteristics of mentally healthy person.
7. Explain about neuropsychological assessment.
8. Discuss about problems related to abuse and neglect-psycho-somatic disorder.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in 1000 words.

All questions carry equal marks.

9. Explain symptoms and treatment of Anxiety disorder.
 10. Types of schizophrenia – Discuss.
 11. Elaborate in detail about symptoms and treatment of gender identity disorder.
 12. Discuss about various types of assessment.
 13. Explain about contemporary issues need for planning and legal issues.
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PG-AS-1153

**MCPS-22/
MSYS-22**

**P.G. DEGREE EXAMINATION —
JULY 2024.**

Counselling And Psychotherapy

Second Semester

COUNSELLING SKILLS AND TECHNIQUES

Time : 3 hours

Maximum marks : 70

PART A — ($5 \times 5 = 25$ marks)

**Answer any FIVE questions out of Eight questions in
100 words.**

All questions carry equal marks.

1. Write note on specific counseling skill.
2. Briefly explain on Egan's problem management.
3. Write in detail on qualities of effective listener.
4. Write short notes on pros and cons of advice giving.
5. Explain about counseling for eating problem.
6. Write short notes on panic disorder.

7. Explain about coping with stress.
8. Discuss about types of feelings.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Explain ethical and legal issues in counseling.
10. Micro skill hierarchy – Discuss.
11. Elaborate in detail about handling empathy in difficult situations.
12. Discuss about types and learning to facilitation.
13. Explain about counseling for psychosomatic problems.

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**MCPS -31/
MSYS-31**

**P.G. DEGREE EXAMINATION —
JULY 2024.**

Psychology/Counselling and Psychotherapy

Third Semester

**PRINCIPLES AND TECHNIQUES OF
PSYCHOTHERAPY**

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Write short notes on objectives of psychotherapy.
2. Explain the primary goal of behavior therapy.
3. Write short notes on responsibilities of therapist.
4. Mental status examination write in detail?
5. Write short note on transference and counter transference.

6. Write short notes on current issues in psychotherapy.
7. Discuss distributive analysis and synthesis.
8. Briefly explain the drug therapies.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words

All questions carry equal marks.

9. Discuss the effectiveness of psychotherapy.
 10. Explain Cognitive Behavior therapy
 11. Social case work? Explain
 12. Explain phases of session
 13. Discuss the Ethical issues in Practice.
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PG-AS-1157

**MCPS-32/
MSYS-32**

**P.G. DEGREE EXAMINATION —
JULY 2024.**

Counselling and Psychotherapy

Third Semester

BEHAVIOUR MODIFICATION

Time : 3 hours

Maximum marks : 70

PART A — (5× 5 = 25 marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Write note on basic behavioral principles of A-B-C contingency.
2. Briefly explain shaping of problem behavior.
3. Explain how to decrease undesirable behavior.
4. Write short notes on assertive training in groups.
5. Explain about clinical conditions of depression.
6. Write short notes on use of electric shock.

7. Explain about metacognitive therapy.
8. Discuss about effectiveness of punishment.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Explain behaviorism assumptions theories, that contribute to understand human behavior.
 10. Write an elaborate note on Premack's Principle and Prompting.
 11. Elaborate in detail about procedure to increase desirable behavior.
 12. Discuss about advantage and disadvantage of a token economy.
 13. Explain stepwise implosive therapy.
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PG-AS-1158

**MCPS-33/
MSYS-33**

**P.G. DEGREE EXAMINATION –
JULY 2024.**

Counselling and Psychotherapy

Third Semester

COGNITIVE PSYCHOLOGY

Time : 3 hours

Maximum marks : 70

SECTION A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of eight questions in
300 words.**

All questions carry equal marks.

1. Discuss the scope of cognitive psychology.
2. Write short note on selective attrition.
3. Discuss the process of forgetting.
4. Write short on types of problems.
5. Brief about types of decision making.
6. Write short notes on syllogistic reasoning

7. Write short note on Divergent thinking.
8. Working memory. Discuss.

SECTION B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Theories of Intelligence. Explain.
 10. Theories of perception. Discuss.
 11. Explain process of language comprehension.
 12. Discuss obstacles and aids in problem solving.
 13. Explain the heuristics and biases and its types
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PG-AS-1159

**MCPS-34/
MSYS-34**

**P.G. DEGREE EXAMINATION —
JULY 2024.**

Counselling and Psychotherapy

Third Semester

LEARNING DISABILITY

Time : 3 hours

Maximum marks : 70

PART A — ($5 \times 5 = 25$ marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Discuss the characteristics of learning disabled.
2. Write short note on types of Dyslexia.
3. Write short note on Spatial processing disorder.
4. Write short on types of Dyscalculia.
5. Brief about learning disabilities in mathematics.

6. Write short causes of learning Disability.
7. Write short note on errors in handwriting.
8. Write short note on inclusive education and its scope.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Explain importance of early identification and intervention.
10. Causes and signs and specific Oral reading difficulties. Explain.
11. Explain the causes and signs of developmental disorder.
12. Intervention strategies for Dyslexia, Dysgraphia, dyscalculia. Explain.
13. Discuss the management of LD.

PG-AS-1166

MCPS-24

P.G. DEGREE EXAMINATION – JULY, 2024.

Counselling and Psychotherapy

Second Semester

CLINICAL ASSESSMENT

Time : 3 hours

Maximum marks : 70

PART A — ($5 \times 5 = 25$ marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

1. What are the characteristics of psychological test?
2. Write a short note on intelligence testing and group test.
3. Describe the concept of performance testing.
4. Discuss the concepts of interest testing.
5. Explain musical aptitude.
6. What are the cautions for the psychological test?

7. Brief out psychological test and performance test.
8. What are the important occupations of interest testing?

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in 1000 words.

9. Explain in detail about the principle of psychological test.
 10. Write about the group testing and different use of it.
 11. Explain the types of aptitude testing and write a short note on differential aptitude test battery.
 12. Explain the Techniques of measuring.
 13. What are the major interest and important occupations in interest testing and mention some of its purpose?
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PG-AS-1167

MCPS-35

**P.G. DEGREE EXAMINATION –
JULY 2024.**

Counselling and Psychotherapy

Third Semester

HEALTH PSYCHOLOGY

Time : Three hours

Maximum marks : 70

SECTION A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

1. Define models of the health psychology.
2. Discuss about causes of alcoholism.
3. Describe health services.
4. Describe the causes and symptoms of stress.
5. Describe the role of Indian treatment.
6. Enumerate pranayama and its types.
7. Discuss about effects of smoking.
8. Define physical therapies for pain.

SECTION B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

9. Explain respiratory system.
 10. Write about various symptoms of drug abuse?
Explain briefly.
 11. Explain the needs and functions of health psychology.
 12. Explain in detail about various factors involved in stress.
 13. Write the methods of yoga practice. Explain briefly.
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PG-AS-1168

MCPS-41

**P.G. DEGREE EXAMINATION —
JULY 2024.**

Counselling and Psychotherapy

Fourth Semester

PSYCHOTHERAPY

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Discuss the evaluation of gestalt therapy.
2. Briefly explain logo center therapy.
3. Discuss about types of ego state.
4. What are the general principles of group therapy?
5. Write in detail techniques used in REBT.

6. What are the types of transactions? Explain.
7. Explain the eastern psychotherapies.
8. Write short notes on application of CBT.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Discuss the new developments in psychoanalysis.
10. Explain the objectives of the existential therapy process.
11. Distinguish between cognitive therapy and cognitive behavior therapy.
12. Discuss the objectives and procedure of yoga therapy.
13. Discuss the current research on psychoanalytic.

PG-AS-1169

MCPS-42

P.G. DEGREE EXAMINATION – JULY, 2024.

Counselling and Psychotherapy

Fourth Semester

CAREER COUNSELLING

Time : 3 hours

Maximum marks : 70

PART A — (5 × 5 = 25 marks)

Answer any FIVE from Eight questions.

1. Compare and contrast the traditional Indian worldview of work with modern perspectives.
2. Explain the trait-factor approach in career psychology.
3. Discuss the role of ethics in career counseling.
4. Discuss the importance of follow-up services in evaluating the effectiveness of counseling interventions.
5. Define career profiling.

6. Describe the various counseling services offered in placement services.
7. Discuss the interpretation of test results in career development.
8. What are the limitations of career profiling in helping individuals make informed career decisions?

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE from Five questions.

9. Discuss the role of work in fulfilling societal obligations and maintaining social order in the Indian context.
10. Explore the impact of technological advancements on the concept of work and careers.
11. Evaluate the impact of ethical practice on maintaining trust and integrity in career counselling relationships.
12. Explain the significance of educational and occupational guidance services in helping students plan their academic and career paths.
13. Write in detail about the role of psychometric tests in career assessment.

PG-AS-1170

MCPS-43

**P.G. DEGREE EXAMINATION —
JULY 2024.**

Counselling and Psychotherapy

Fourth Semester

COUNSELLING IN SPECIAL CONDITIONS

Time : 3 hours

Maximum marks : 70

PART A — ($5 \times 5 = 25$ marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Write short notes on Kubler Ross theory.
2. Brief about presenting problems of ageing.
3. Explain the counseling concept for children with special needs
4. Discuss the unique aspects of grief counseling.
5. Write in detail about crisis counseling
6. Discuss the ethical issues in grief counseling.

7. Write short notes on barriers of counseling services.
8. Write short notes on counseling in trauma.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in 1,000 words.

All questions carry equal marks.

9. Distinguish between hospice care vs palliative care.
 10. Discuss the problems of the elderly people.
 11. Explain about family system theory.
 12. Explain theories of bereavement.
 13. Discuss negative psychological effects on counseling.
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PG-AS-1171

MCPS-44

**P.G. DEGREE EXAMINATION —
JULY 2024.**

Counselling and Psychotherapy

Fourth Semester

SCHOOL COUNSELLING

Time : 3 hours

Maximum marks : 70

PART A — ($5 \times 5 = 25$ marks)

**Answer any FIVE questions out of Eight questions in
300 words.**

All questions carry equal marks.

1. Write short notes on Importance of emotional maturity for students.
2. Discuss the under achievement issues among students.
3. Write short notes on Autism disorder.
4. Explain the values of group counseling.
5. Explain about relationship techniques.

6. How to identify the problem during counseling?
7. Development of delinquency. Discuss.
8. Explain the cause and treatment for conduct disorder.

PART B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1,000 words.

All questions carry equal marks.

9. Discuss the behavioral issues among students.
 10. Discuss the impact of Mass media.
 11. Write in detail about moral issues among students.
 12. Explain the theoretical and values of group counseling.
 13. Discuss the importance of transference and counter transference in counseling.
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PG-AS-1172

MCPS-45

**P.G. DEGREE EXAMINATION –
JULY 2024.**

Counselling and Psychotherapy

Fourth Semester

FAMILY AND MARITAL COUNSELLING

Time : 3 hours

Maximum marks : 70

SECTION A — (5 × 5 = 25 marks)

**Answer any FIVE questions out of eight questions in
300 words.**

All questions carry equal marks.

1. Write short notes on couples intimacy.
2. Write short note on Attachment therapy.
3. Discuss the about family violence.
4. Explain the strategies for handling resistance.
5. Describe the various stress management techniques.

6. Write in detail about factors affecting family life cycles.
7. Write short note on psycho social context in family therapy.
8. Working with single parent families. Discuss.

SECTION B — ($3 \times 15 = 45$ marks)

Answer any THREE questions out of Five questions in
1000 words.

All questions carry equal marks.

9. Distinguish between family therapy and marital therapy.
 10. Explain key concept for solution focused therapy.
 11. Write in detail contemporary issues in modern families.
 12. Discuss the assessment and treatment plan for couples
 13. Explain the three expressive art therapeutic approaches.
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